

 PennState Health



# Compliance Can Be Ruff A Dog's Approach

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## Agenda



- Training Principles
- Types of Learners
- Keys to Success

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## Dog-gone Smart! Lessons from a Dog Trainer

Key Principles:

- Be Respectful
- Be Responsible
- Use Positive incentives
- Have Patience
- Have Fun

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### Don't Bark Orders!

#### Be Respectful

- Lead by example.
- Expect to be challenged.
- Don't issue too many commands at one time.
- When asking a dog to do something, state it as a matter of fact.
- Your outlook and presentation allows for control, NOT the leash.

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### Don't Bark Orders!

#### Be Respectful

- Gain consensus – You should not force the dog to follow commands, the dog has to want to do it.
- If someone respects their trainer, they work as if their trainer is always there.
  - Do the right thing whether you're being watched or not.

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### Don't Go Barking Up the Wrong Tree! Be Responsible

- Dogs are not mind-readers. If you want them to do something, tell them.
- Leave no room for interpretation. The trainer is responsible for communicating expectations.
- While in training, monitor behaviors closely.
- Plan
  - Know what you want the end result to be before you start training. Don't make it up as you go. This leads to confusion and inability to grasp the command.

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## Don't Be A Hound! Give Positive Incentives

- Give words of encouragement whenever the opportunity arises.
- Small accomplishments are still accomplishments – Reward them!
- You can't teach what is right by only teaching what is wrong.
  - Don't use no, no, no.
  - Follow a correction with a positive direction.
- Use a variety of techniques.
- Always end training sessions on a positive note.

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## PAWS! Have Patience

- Don't throw too many commands at one time.
- Don't always expect an immediate response.
- Stepping stones
  - Break a process down to smaller parts.
  - Everything a dog learns is a building block for something else.
- If a dog is not understanding, the problem is usually the direction.
  - Don't repeat yourself over and over.
  - Find a different way.

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## It's a Dog's Life! Have Fun

- Be enthusiastic.
- Be passionate.
- Observe carefully for teaching moments and take advantage of them.



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## Types of Learners



Visual



Auditory



Kinesthetic

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## Visual Learners

<p><b>Dogs</b></p> <ul style="list-style-type: none"> <li>• Watch other dogs and learn from them.</li> <li>• Are led by hand/treat movements.</li> <li>• Learn commands with hand signals.</li> </ul>	<p><b>People</b></p> <ul style="list-style-type: none"> <li>• Combine PowerPoint slides with lectures.</li> <li>• Show videos, movie clips, or online visual media.</li> <li>• Write key words and draw images on a flipchart or whiteboard.</li> <li>• Show and explain diagrams. Ask them to draw a picture.</li> <li>• Include plenty of content in your handouts.</li> <li>• Provide extra material to read after your session.</li> </ul>
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## Auditory Learners

<p><b>Dogs</b></p> <ul style="list-style-type: none"> <li>• Verbal commands/sounds.</li> <li>• Eventually all praise becomes verbal.</li> </ul>	<p><b>People</b></p> <ul style="list-style-type: none"> <li>• Enjoy lectures.</li> <li>• Use lecture, question and answer segments, and discussions.</li> <li>• Play a song to illustrate a point or use background music when appropriate.</li> <li>• Enjoy having breakout groups to discuss the content and hear the perspectives of others.</li> <li>• Allow time at the end of the session to summarize main points and allow for additional questions.</li> </ul>
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## Kinesthetic Learners

### Dogs

- Initially dogs are rewarded with treats.
- Play games to learn more complex commands (tug, retrieve).
- Frequent breaks and quick training sessions.

### People

- Use creative activities that get people out of their chairs and doing something interesting.
- Put Play-Doh, pipe cleaners, stress balls, or other objects at their tables so they can do something with their hands.
- Hold standing discussion groups in the four corners of the room.
- Take frequent stretch breaks, even if you don't leave the room.

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## Keys to Success

1. Know your audience
2. Plan well
3. Manage your "classroom"
  - Be Respectful
  - Be Responsible
  - Use Positive incentives
  - Have Patience
  - Have Fun
4. Inspire your students
5. Continue to improve



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