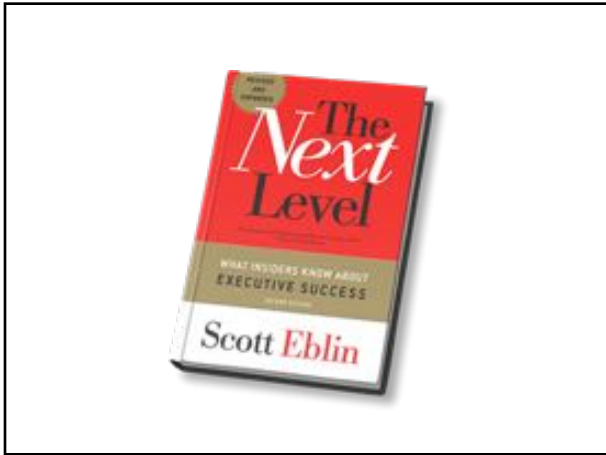


NEXT LEVEL LEADERSHIP

HCCA 2018 Compliance Institute





LEADERSHIP
PRESENCE =

For more info, see Ch. 1 of *The Next Level*

MANAGE YOURSELF

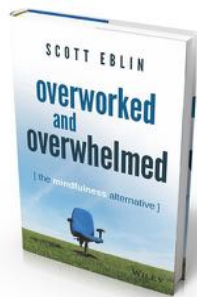
For more info, see Ch. 2 of *The Next Level*

LEVERAGE YOUR TEAM

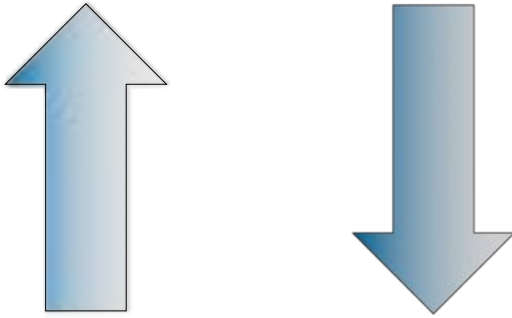
For more info, see Ch. 5 of *The Next Level*

ENGAGE YOUR COLLEAGUES

For more info, see Ch. 8 of *The Next Level*



THE IMPACT OF CHRONIC FIGHT OR FLIGHT



For more info, see Ch. 3 of *Overworked and Overwhelmed*



For more info, see Ch. 4 of *Overworked and Overwhelmed*



How are you **at your best?**



For more info, see Ch. 5 of *Overworked and Overwhelmed*

What are the **routines** that make it more likely that you'll show up at your best?



PHYSICAL



SPIRITUAL



MENTAL



RELATIONAL

For more info, see Ch. 7 of *Overworked and Overwhelmed*



For more info, see Ch. 8 of *Overworked and Overwhelmed*



For more info, see Ch. 9 of *Overworked and Overwhelmed*




For more info, see Ch. 10 of *Overworked and Overwhelmed*




For more info, see Ch. 11 of *Overworked and Overwhelmed*


What are the **outcomes** that you hope to see in the 3 big arenas of life?



HOME



WORK



COMMUNITY

For more info, see Ch. 12 of *Overworked and Overwhelmed*

STAY CONNECTED



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The Life GPS® helps determine your most important goals and sets you on a course to reach them. Get started by clarifying the core characteristics that represent you at your best, the routines that will reinforce peak performance and the outcomes that you hope to create in the three main arenas of life.

AT YOUR BEST

ROUTINES



PHYSICAL



SPIRITUAL



MENTAL



RELATIONAL

OUTCOMES



HOME



WORK



COMMUNITY