NEXT LEVEL LEADERSHIP

HCCA 2018 Compliance Institute
LEADERSHIP PRESENCE

MANAGE YOURSELF

For more info, see Ch. 1 of *The Next Level*

For more info, see Ch. 2 of *The Next Level*
LEVERAGE YOUR TEAM

ENGAGE YOUR COLLEAGUES

For more info, see Ch. 5 of *The Next Level*

For more info, see Ch. 8 of *The Next Level*
THE IMPACT OF CHRONIC FIGHT OR FLIGHT

For more info, see Ch. 3 of *Overworked and Overwhelmed*

LIFE GPS

For more info, see Ch. 4 of *Overworked and Overwhelmed*

How are you at your best?

For more info, see Ch. 5 of *Overworked and Overwhelmed*
What are the routines that make it more likely that you'll show up at your best?

- PHYSICAL
- SPIRITUAL
- MENTAL
- RELATIONAL

For more info, see Ch. 7 of *Overworked and Overwhelmed*

For more info, see Ch. 8 of *Overworked and Overwhelmed*

For more info, see Ch. 9 of *Overworked and Overwhelmed*
What are the outcomes that you hope to see in the 3 big arenas of life?

For more info, see Ch. 10 of *Overworked and Overwhelmed*

For more info, see Ch. 11 of *Overworked and Overwhelmed*

For more info, see Ch. 12 of *Overworked and Overwhelmed*
STAY CONNECTED

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- Instagram: @ScottEblin
The Life GPS® helps determine your most important goals and sets you on a course to reach them. Get started by clarifying the core characteristics that represent you at your best, the routines that will reinforce peak performance and the outcomes that you hope to create in the three main arenas of life.

**AT YOUR BEST**

**ROUTINES**

- **PHYSICAL**
- **SPIRITUAL**
- **MENTAL**
- **RELATIONAL**

**OUTCOMES**

- **HOME**
- **WORK**
- **COMMUNITY**