

## The Adventures of Breach Reporting

Lessons Learned from Across the Country

Tools to Use to Identify Risk Areas and Close Gaps

Vendor Incident Management: What to Expect; What to Demand

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## It's not Just about HIPAA

- Know Your State Breach Reporting Laws
  - o New York State: has a similar but different law around "natural persons" and what constitutes a reportable breach with 7 different places to report
  - o Colorado: breach notification law deals with personally identifiable information (PII) held in electronic form
- Other Federal breach reporting requirements
  - o FISMA, Information Security Act, GLBA, FTC, FCRA, OMB Memorandum M-07-16, etc.
- This presentation will focus on HIPAA/HITECH reporting

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## Office of Civil Rights

- Region VIII - Denver (Colorado, Montana, North Dakota, South Dakota, Utah, Wyoming)
- Region II - New York (New Jersey, New York, Puerto Rico, Virgin Islands)



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### How to Deal with HHS-OCR – and Why? (New York experience)

- Document everything... phone conversations with them... they will ask you about something you said in a prior conversation.
- Ask for extensions, when needed.
- Get Legal involved, if needed.
- Give them what they ask for:
  - Make sure you understand what OCR needs: why, if possible. It may help you deliver what they really want.
  - Push back when appropriate because...

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### Boxes of ePHI!



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### How to Deal with HHS-OCR (Colorado experience)

- Call them back when they call you
- Make sure you're answering the questions they are asking
  - Remember their Office's focus (civil rights!)
- Document what you tell them
- Learn from the experience so you don't repeat it next time



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## The Basics of Breach Reporting (Omnibus Final Rule)

- Are you dealing with PHI -- as defined in HIPAA?
- Is there a Violation of the Privacy Rule?
- Does an exception apply?  
3 statutory exceptions listed in IFR stay the same in Final Rule

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### Case #1: PHI or not?

Client DOB	Gender	ACRG3 Description	Condition Description	Total Allowed
06/17/1982	F	Multiple Minor	Asthma	5184.56
01/09/1973	M	Pairs – Multiple Dominant	Mental Health	40,565.45
08/16/1989	F	Multiple Minor Chronic	SA and Alcoholism	6675.11
10/19/1978	F	Catastrophic	Congestive Heart Failure	3511.78
3/22/2006	M	Health	Other	159.77
12/4/1993	F	Healthy Non-User	Other	0.00
04/12/1911	M	Single Minor Chronic	Other	1176.33

**This was used by a provider to testify in front of Congress; then submitted as an attachment to that testimony. The provider lived in a small rural area.**

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### Was the PHI *Unsecured*?

- Only ***unsecured*** PHI needs to be analyzed for potential breach reporting!
- *Not unsecured* if:
  - ePHI is encrypted (in accordance with current federal standards)
  - Paper PHI is shredded so that it can no longer be put reconstructed



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### NEW RISK ASSESSMENT!

- We must now **presume** that an acquisition, access, use, or disclosure of PHI (in a manner not otherwise permitted) **is a reportable breach unless...**
- CE or BA **demonstrates** that there is a **low probability** that the PHI has been **compromised**

*Note: HHS expects us to change our policies & procedures before 9/23/2013 to reflect this!*

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### Notification *not* required if demonstration, through Risk Assessment, that:

FINAL RULE

- there is a **low probability** that *PHI has been compromised*
  - Demonstrated through risk assessment
  - Four objective factors provided by HHS

INTERIM ~~FINAL~~ RULE

- there is no significant risk of harm to individual
  - Financial, reputation or other harm

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### 4 Factors

<p><b>TYPE?</b></p> <ul style="list-style-type: none"> <li>• The nature and extent of the PHI involved</li> <li>• Consider types of identifiers and likelihood of re-identification</li> </ul>	<p><b>WHO OR TO WHOM?</b></p> <ul style="list-style-type: none"> <li>• The unauthorized person who used the PHI or to whom the disclosure was made</li> </ul>	<p><b>HOW OR HOW MUCH?</b></p> <ul style="list-style-type: none"> <li>• Whether the PHI was actually acquired or viewed</li> </ul>	<p><b>MITIGATION!</b></p> <ul style="list-style-type: none"> <li>• The extent to which the risk to the PHI has been <i>mitigated</i></li> </ul>

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### BREACH RISK ASSESSMENT

- Use a Tool!
  - Helps with Consistency
    - Provides common metrics for each incident
  - Helps with Documentation
    - Start it each time an incident is reported: add on as you go through process
  - Customize yours!
    - Include all of your State and Federal reporting requirements
- OMB Memorandum M07-16
  - Lists factors to consider in assessing risk (of harm)
- NCHICA Tool
  - Quantitative Scoring System
  - Sorts by variables such as Recipients, Circumstances of release, Disposition of information
- Note: WE NEED UPDATED TOOLS for Final Rule



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### BREACH RISK ASSESSMENT

- Required if you are going to demonstrate low probability that PHI has been compromised and not notify
- Not required if you are considering the event a reportable breach under HIPAA and proceeding with notifications...



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### The Basics of Breach Reporting

- If you can't demonstrate a **low probability that PHI has been compromised** you must report to:
  - Affected individuals
  - Office of Civil Rights
  - The media (if applicable)
- Document, document, document.
- Not just a paper trail but every phone call; every contact to demonstrate what you have done to mitigate risks.

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### 500 or more Affected Individuals

1. Notify individuals
2. Notify HHS concurrent with individuals (immediately)
3. Notify media
  - o If 500 or more individuals in one State or jurisdiction

Currently 537 reported 'large' breaches since 9/2009

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### What about under 500 members?

- When do you report, if at all?
- What should be included in the report?
- Is there a standard?
- Do you use the same definition/assessment as with the large reports?
- Annually by March 1st
- <http://www.hhs.gov/ocr/privacy/hipaa/administrative/breachnotificationrule/index.html>
- Yes, online.
- Get these done early in case you want Legal-blessing.



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### Speaking of which....

March 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	
3	4	5	6	7	8	
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
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Report to OCR

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### Enforcement of "small" breaches

- January 25, 2013
- HHS Settles with Hospice of North Idaho
  - \$50,000
  - 441 individuals affected
  - Theft of unencrypted laptop
- October 29, 2012
- OCR inquiry into Colorado Medicaid reported breach of 124 individuals
  - BA sent out health insurance cards to incorrect individuals

**Lesson: Size does not matter to OCR!**

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### Know the Regulations; understand your interpretation of them

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|--|--|---|
| <ul style="list-style-type: none"> <li>• Reportable breach per HIPAA</li> </ul>  | <p><b>versus</b></p>  | <ul style="list-style-type: none"> <li>• Violation of an entity's policies &amp;/or procedures</li> </ul>   |
| <ul style="list-style-type: none"> <li>• <i>Losing an unencrypted laptop or thumb drive</i></li> <li>• <i>Returning copier hard drives with ePHI (thank you CBS!)</i></li> </ul> |  | <ul style="list-style-type: none"> <li>• <i>Sending an unsecured email with ePHI but the email was received by the intended recipient.</i></li> </ul> |

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### Recognize Your or Your Privacy Officer's Personality

- Adjust your Harm Risk Assessment based on it!
- Be careful about what you report; be objective. Don't do it just because you feel bad or scared. Make sure it's what is required.
- Always a little gray. Use Legal Counsel when necessary.
- Risk tolerance. Personality traits – if you can't look at a situation and assess a situation, you're not doing your job.

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### The Spectrum of Risk Tolerance

50%

*Wild, wild west cowboy*  
(I've got this covered; no need to report it to the pesky gov't)

*Mr. Rodgers*  
(Let's report everything - just in case....)

Where do you fall??

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### Stuff Happens!

- No matter what you learn here today or what safeguards you put in place....
- Expect the Unexpected!

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### Complaint – RE: 3<sup>rd</sup> Party Vendor

- Whistleblower Complaint received and was sent to outside counsel for independence.
- The complaint had NOTHING to do with HIPAA/HITECH!
- As part of the investigation, attorneys looked through 20,000 emails, and
- Found that an employee sent her brother a spreadsheet and asked for Excel formatting assistance!
- It had for 933 members' names and other information on it.

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## Create an Interdisciplinary Team to deal with Incidents/Breaches

- Members:
  - HR
  - Legal
  - Privacy
  - Information Technology/Security
  - Facilities
  - Compliance
- Incident Response Plan
- Some Actions:
  - Create a charter
  - Define who does what
  - While you are busy with responding, don't forget to communicate to your employees.

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## Vendors

- Annual Assessment
  - After assessment is completed, define what is required vs. recommended, e.g.,
    - Data Leak Protection is required.
    - Hiring a Security Analyst is recommended.
- Annual Reporting to you of their "incidents/potential breaches." How does that happen?
  - Don't let your business associates tell you if it's a breach or not.
  - Let them pay the costs.
- You are the customer!

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## Case Example #2: Report or Not?

- Letter is mailed to 903 Members to tell them about a change in a vendor and the mailing address is:
 

John Doe  
053149861A  
535 E. 14<sup>th</sup> Street, Apt #5A  
Seattle, WA 98101
- Found out that the number between name and address is the Head of Household's SS#
- Is this a Reportable Breach for HIPAA/HITECH?

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### Case Example #3: Report or Not?

- A claim is processed for Dr. Ralph Jones, a psychiatrist, for member Ms. Smith. The diagnosis and treatment is related to a behavioral health condition.
- The Claims Examiner incorrectly selects Dr. Robert Jones, a podiatrist. Dr. Robert Jones receives the Explanation of Benefits with Ms. Smith's information on it. Ms. Smith is not his patient.
- Both doctors are covered entities under HIPAA/HITECH.
- Is this a Reportable Breach in HIPAA/HITECH?

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### Top 10 Things We Would Do Differently



1. Don't assume someone in your organization won't steal your PHI for personal gain.
2. *Train* your employees on your incident reporting policy.
3. Enforce your Sanctions Policy equally across all of your workforce. (Do you have one written?)
4. Assume your vendors/business associates don't 'have your back.'
5. Have audit protocols for vendors that include a HIPAA/HITECH Security Review.
6. Hire an IT Security Analyst to monitor activities for the enterprise and collaborate with the Privacy Officer.

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### Top 10 Things ...



7. Add technology solutions to safeguard ePHI, e.g., Data Leak Protection (DLP) or Iron Key – just remember nothing is 100% foolproof.
8. From the *first moment you realize a breach happened*, document every phone call or meeting you or your staff had with anyone.
9. Review all vendors – to make sure they have an updated Business Associate Agreement (e.g., Copier Leasing Vendors) which shifts the responsibility to them vs. covered entity.
10. Use company equipment only – no personal laptops, printers, copiers, etc.

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## The End

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