HEALING THE HEALER:
How To Find Happiness In A High Stress Profession

I’M NOT GONNA LIE...THE NEXT HOUR MAY GET WEIRD AT TIMES.
HUNCHES, FLASHES, IMPRESSIONS

WHY AM I DOING THIS?

“The meaning of life is to find your gift. The purpose of life is to give it away.”
– Pablo Picasso
INTERACTIVE...AND THERE MAY BE PRIZES FOR PARTICIPATION.

FUN VISUALIZATION TO START: TOLD YA IT WAS A BIT WEIRD!
MODIFIED TODAY BECAUSE OF LAST WEEK

A STORY OF REINVENTION, 2ND CHANCES....AND PERMISSION.
3 STORIES: FROM THE BASEMENT TO THE BOARDROOM

1. WAKE UP CALL
2. TEN MONTHS OF SOLITUDE...CREATE SPACE

3. UH OH – WHO AM I AGAIN?
MY BEST PRACTICES.....THESE DAYS

WHAT’S GOT YOU STRESSED?

Studies show:
• Job instability
• Lots of M&A - seen as a cost
• Virtual Employees
• Afraid of overstepping boundaries
• 7 elements?
• New rev rec guidelines

I want to hear from you:
YOUR ONE LAST TALK?

CLOSING QUESTION:

Dream Job
NEXT EXIT
SURVEYS & CLAIM PRIZES

WHERE ARE THINGS NOW?
LAST TAKEAWAY: BE GENTLE WITH YOURSELF
Q & A

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HCCA Give:
30 minute Insight call for any audience member that feels stuck in their job/career.

Thank you!