

# HEALING THE HEALER:

How To Find Happiness In A High Stress Profession

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## YOUR ONE LAST TALK?



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## WHAT'S GOT YOU STRESSED?

Studies show:

- Job instability
- Lots of M&A - seen as a cost
- Virtual Employees
- Afraid of overstepping boundaries
- 7 elements?
- New rev rec guidelines

I want to hear from you:



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3 STORIES: FROM THE BASEMENT  
TO THE BOARDROOM



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1. WAKE UP CALL



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2. TEN MONTHS OF SOLITUDE



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3. UH OH – WHO AM I AGAIN?



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MY BEST PRACTICES.....THESE DAYS



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CLOSING QUESTION:



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WHERE ARE THINGS NOW?



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SURVEYS & CLAIM PRIZES

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Saud Juman  
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HCCA Give:  
30 minute Insight call for any  
audience member that  
feels stuck in their  
job/career.

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