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#### CLINICAL RESEARCH BILLING 101

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> Ann G. Mathias, JD, MHSA Ann E. Mitch-Resignalo, RN, MNEd

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## Objectives

At the end of this session the participants will be knowledgeable about how to:

- Work with researchers to develop a plan for appropriate billing of clinical services provided to research participants during a research study.
- Manage the compliance risks associated with clinical research billing.
- Understand the revenue cycle as it relates to billing for clinical research.
- Protect research participants from unexpected financial responsibility.



## Overview of Today's Session

- Background
- High level overview
- Prospective review of studies "Research Fiscal Review"
- Billing process
- Supporting Elements

Note: Medicare Policy on Clinical Research is not a focus of this presentation



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# University of Pittsburgh Medical Center

- University of Pittsburgh Medical Center (UPMC) is separate from University of Pittsburgh (Pitt).
- UPMC includes 19 hospitals, over 2,300 employed physicians and various other health care service providers.
- Cancer services at 43 locations in Western PA
- Research is done primarily at 4 hospitals but is also being done at others.
- Estimate that there are 2,000 active studies.
- Review about 700 new and modified studies per year.



## University of Pittsburgh

- Medical School, School of Health Sciences, Graduate School of Public Health, School of Nursing, etc.
- Most researchers are Pitt employees and some are also UPMC clinicians/employees.
- Some of the research support staff is employed by UPMC, some by Pitt.



## Division of Activity

- UPMC clinical side:
  - Provider of clinical services
  - Recipient of Industry sponsored research funds via Clinical Trials Office
  - Responsible for billing compliance

- Pitt academic side:
  - IRB
  - Recipient of Federally sponsored research funds via Office of Research and academic departments
  - Responsible for human subject compliance



#### Genesis of our office

- Research Fiscal Review function created at UPMC in 1999.
- Catalyst was a patient complaint about being billed for deductibles associated with routine services provided during a clinical trial.
- Many changes over time.
- Increasingly sophisticated and still learning.



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## Why is Billing an Issue?

- Third party payors usually only pay for services that are well accepted in the medical community. They frequently exclude payment for "experimental or investigational services".
- Services that are paid for by study sponsors cannot be billed to third party payors.
- Medicare has very specific rules about billing for services related to clinical research.
- Study participants should be aware of any out-of-pocket costs resulting from participation in the study.



## Critical Steps

- Study design; Budget; Clinical Research Agreement; Protocol; Schema, Consent, etc.
- Provider risk/compliance review:
  - Legal review, coverage analysis, provider compliance risk, financial analysis, need for Materials Transfer Agreement, etc.==> output is billing plan, sound study documents.
- Enroll subject.
- Identification of study participant in the provider registration process.
- Provide service.
- Accurate charge entry link services provided to subject to correct payment source – third party payor or study.



## Critical Steps, continued

- Process charges through billing systems.
- Documentation of medical necessity if being billed to third party payor.
- Send bill to third party payor and/ or invoice the study.
- Collections
- Audit



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# Prospective Review of Clinical Research Studies

"Research Fiscal Review"

## Scope of Review

- All studies that involve potentially billable services hands—on—care.
- Regardless of sponsor or who is paying for clinical services.
- Studies come in to RFR via three avenues: Pitt IRB & Office of Research, UPMC Clinical Trials Office, UPMC Office of Contracts & Grants.
- The only point within UPMC that aggregates all clinical research activity.



#### Outcome of Review

- Identify the clinical services to be performed as part of the study, identify how that service is to be paid – by insurance, sponsor, subject, etc. and confirm that documentation is consistent and appropriate.
- Establish a plan, prior to enrollment in a study, for appropriate billing of clinical services provided to research subjects.
- Identify potential financial and compliance risk to the provider.

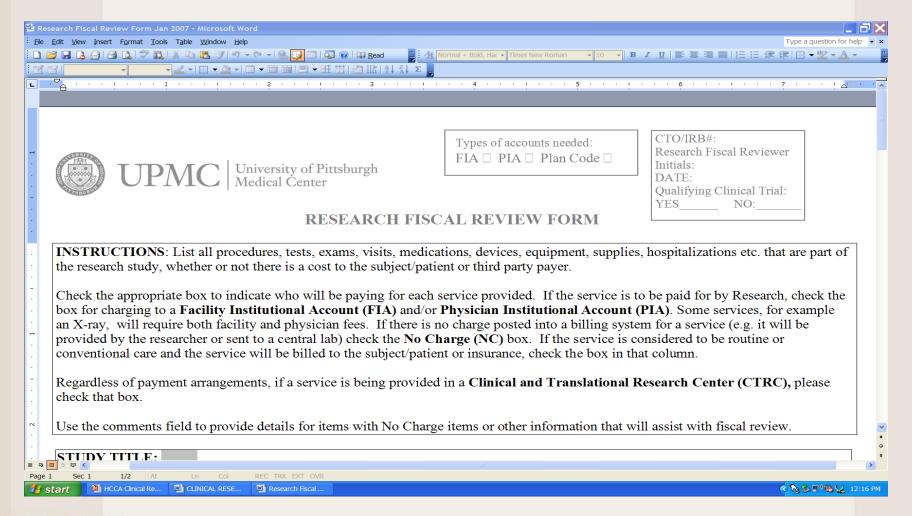


#### Research Fiscal Review Form

- Include all potentially billable items, whether being paid for by the study or billed as conventional care.
- If mentioned in study documents, include on RFRF.
- List services, procedures, medications, hospitalization.
- CPT codes if available.
- Visit number.
- Boxes to mark if Research Institutional Account needed for Facility (FIA), Physician (PIA), or No Charge (NC).
- Use comments to explain NC (labs sent to a central lab, or EKG to be read by PI) or if the service is not actually part of the study, such as a hospitalization.
- If Clinical Trials Research Center (CTRC) being used.

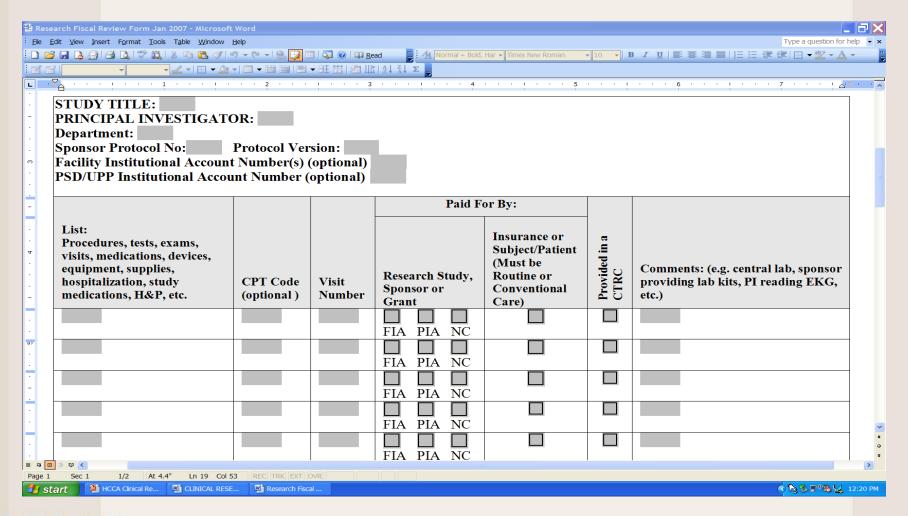


#### **RFRF**





#### **RFRF**





#### Focus of Research Fiscal Review

- Has legal review been completed?
- Are all potentially billable items identified consistently in the schema, budget, protocol, consent and IRB documents and Research Fiscal Review form?
- Have items that may be related to the listed services been identified such as an x-ray prior to MRI, pregnancy tests, etc.?
- Are the items listed appropriately as routine clinical care vs. research on the RFR form?
  - Talk to PI, check compendiums, payor bulletins, peer reviewed literature as necessary.



## Focus, continued

- Is the language in the informed consent cost section consistent with the other study documents (protocol, CRA, budget, schema)? Is it accurate?
- Are all items being paid for the study accounted for in the proposed study budget?
- Are items that are to be billed to third party payors excluded from the proposed study budget?
- Is the language in the CRA consistent with the proposed study budget?



## Focus, continued

- Does the research impact service location, e.g. is a procedure that is normally done on an outpatient basis planned to be done on an inpatient basis?
- Does the study include services to be billed to insurance for which reimbursement is unlikely to cover the additional cost?
  - For example, will time in the OR or length of stay (LOS) be impacted by the research procedures? Will items need to be carved out for additional payment by the sponsor?
- Is the study Medicare Qualifying? Follow the CMS Policy on billing for clinical research to make this determination.



## Focus, continued

- Does it appear that there will be issues related to the 72 hour rule or other "bundling" logic? Consult with Patient Billing if necessary.
- If the sponsor is requesting billing information does the informed consent include this request? Has the Pl/research coordinator been informed about UPMC policy regarding release of billing records and associated costs.
- Does the study involve special equipment? Has this been addressed by legal? Is a Materials Transfer Agreement (MTA) needed? If a potential issue notify the appropriate parties.



#### **Documents Reviewed**

- Informed Consent
- Protocol
- Clinical Research Agreement
- Budget
- Schema, Schedule of Events, Timeline
- IRB or CTO Submission
- Research Fiscal Review Form (RFRF)
- Research Fiscal Approval Form (RFAF)



## **Routine Care?**



"Well, yes, it's a routine procedure—if you routinely have someone slice open your body with sharp instruments and then fiddle with your insides."



## Considerations During Review

- Key Question: Would the subject be having these services if they were not in the study?
- Judge each study on its own merits-read everything, including the footnotes.
- Centralized and standardized process, consistent with every study, similar decisions made by reviewers.
- Documents all consistent and in agreement.
- What is the sponsor paying for-how many, how frequently, and how much for the services.



- Three categories of payment:
  - All paid for by research;
  - All billed as conventional care;
  - Mixed costs with both research and conventional care services.
- Informed consent cost language:
  - Review for appropriate category of costs;
  - Appropriate information for subject related to that specific study;
  - Appropriate items are conventional care.



- Medicare Coverage Analysis and Clinical Research
   Policy may take out the National Coverage
   Determination (NCD) and read it for that specific study.
- Normal Medicare rules covered benefits, therapeutic intent.
- Non-Medicare payors- Medicare may pay for certain services with qualifying trials that others will not.
- Medical necessity (and telling Researchers that it needs to be documented).



- Routine care would 80% of the non-study patients have that item/service on their bill.
- Check Compendium or Local Coverage Determination (LCD) for coverage.
- Outpatient versus inpatient.
- Budgets-internal and/or part of CRA, need to see final budget agreed upon by all parties.
- Study objectives, inclusion/exclusion criteria, services being done, versus data collection, risks of study, adverse events; hidden costs of payments.



- Medicare Qualifying Trials and billing for Medicare Advantage Plan Enrollees.
- Pre-certification/preauthorization needed?
- Financial Counseling arrangements.
- Inform patient if there is a possibility that they will be responsible for any costs, including co-pays, coinsurances and deductibles – in informed consent or informed consent process.



#### Reimbursement Issues

- Medicare Qualifying
- Local Coverage Decisions
- 72 hour rule, charges rolling together
- Medicare Secondary Payor
- Commercial Payors
- Pennsylvania Medicaid does not cover clinical research.

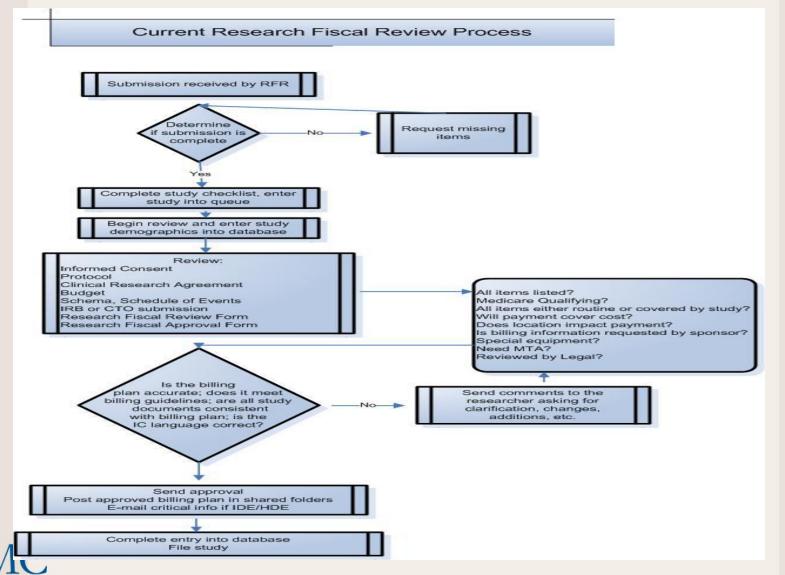


#### **Additional Tools**

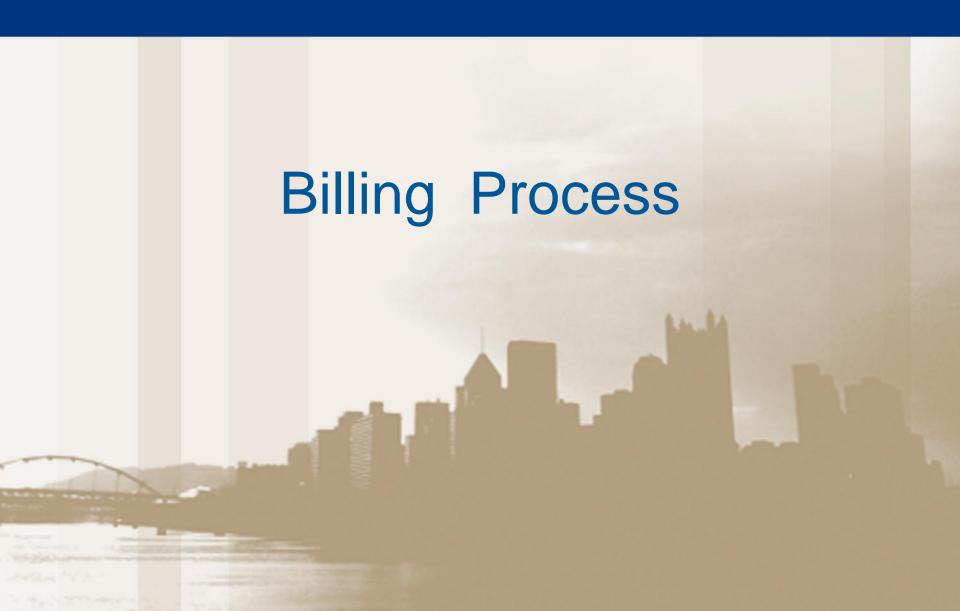
- Instructions
- Researcher checklist
- Submission tracking sheet
- Standard informed consent cost language templates



#### **Process Flow**



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## **Process for Billing**

- Establish institutional accounts and plan codes for services being paid for by the study.
- Create new Charge Description Master (CDM) code for certain services – IDE/HDE/PMAs.
- Provide participants with a cost estimate if appropriate.
- Obtain pre-certification in some instances.
- Identify study participants at point of registration.
- Use the UPMC Research Requisition to communicate what services should be billed to the institutional accounts and what should be billed to third party payors.



## Process for Billing, continued

- Provide and document services for participant.
- Code services as required by Medicare.
- Segregate charges between the bill to third party payor and the bill going to the study.
- Drop the bill.
- Follow-up and audit.



## Types of Research Accounts

- Institutional account:
  - Facility (FIA)
  - Professional (PIA)
- Plan code:
  - Facility charges only

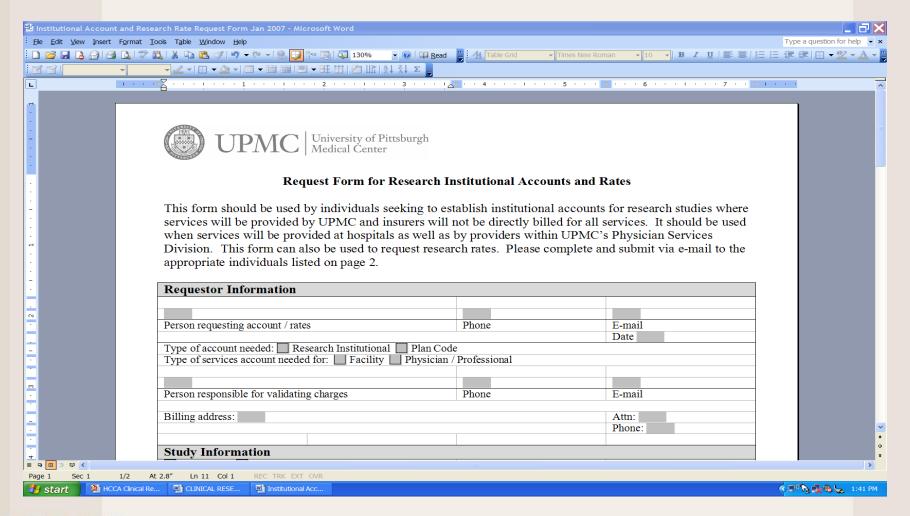


#### **Forms**

- Request for Research Rates and Institutional Account
- Research Requisition
- Insurance Verification Form
- Cost Estimate Sheet

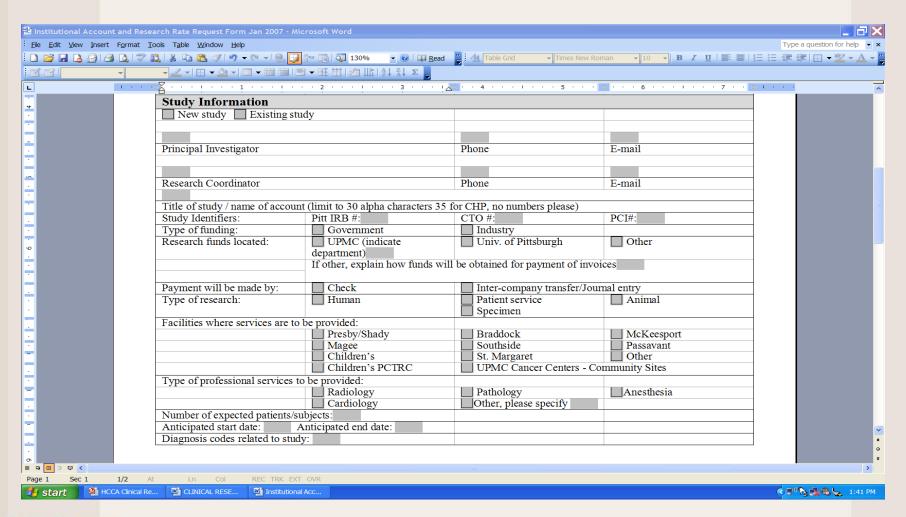


# Request for Research Institutional Accounts and Rates



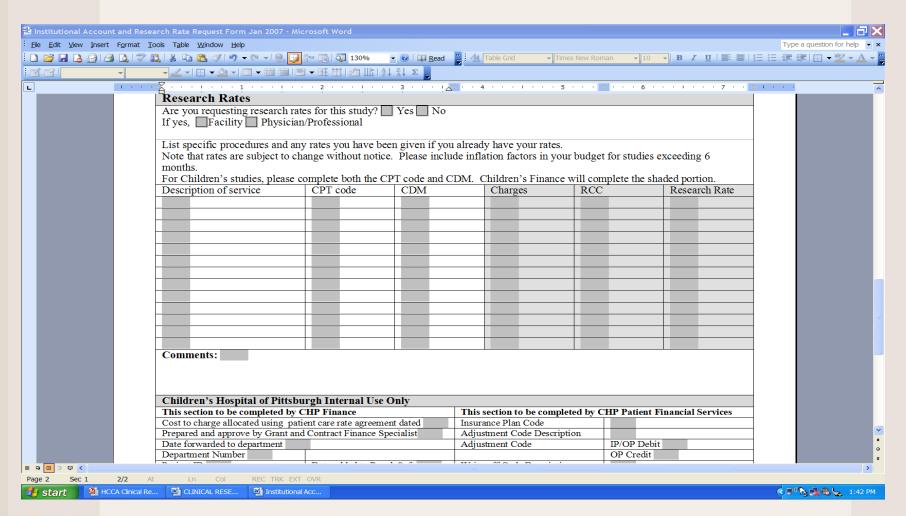


# Request for Research Institutional Accounts and Rates



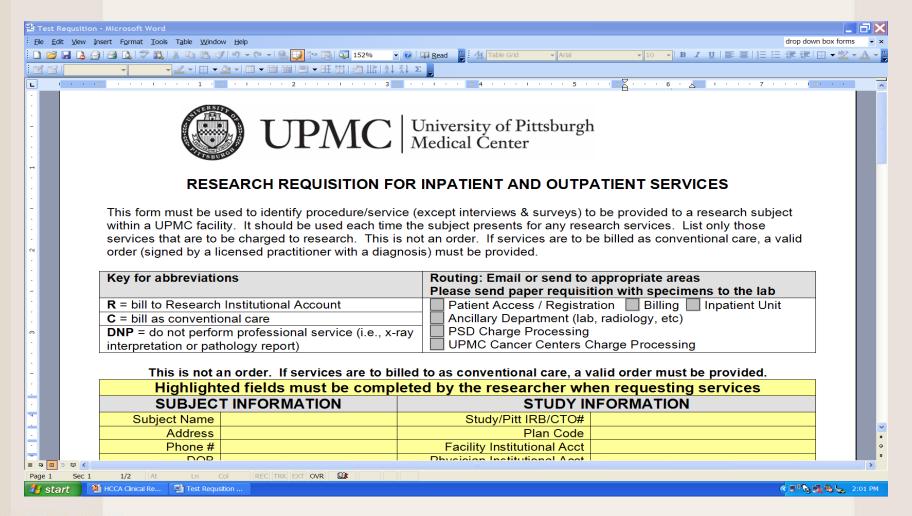


# Request for Research Institutional Accounts and Rates



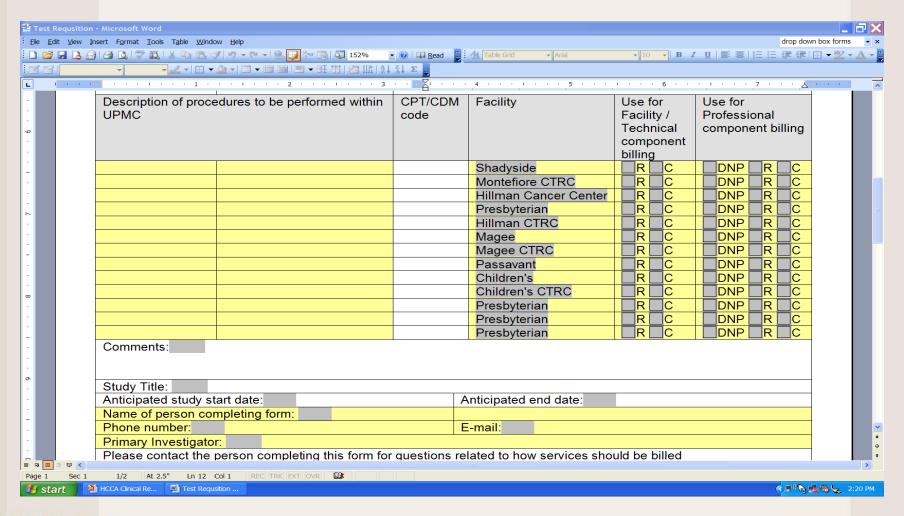


### Research Requisition



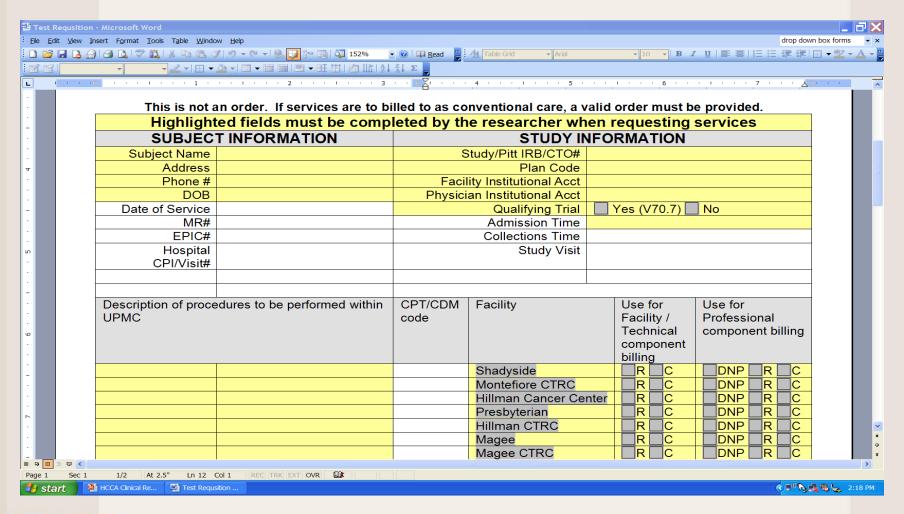


### Research Requisition





### Research Requisition





### Billing Specifics

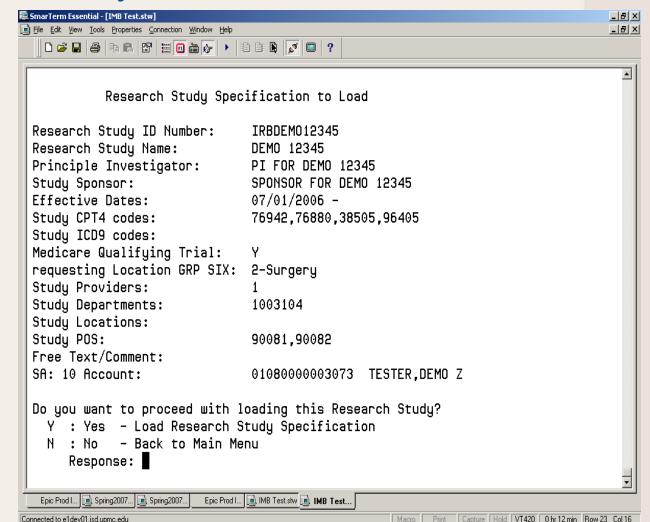
- Interfaces between IT systems to identify study participants, flag patient accounts, process charges, create review queues.
  - CTMA (clinical trials management application)
  - EPIC (professional billing system)
  - Medipac (facility billing system)



#### EPIC – Professional Billing Research Study Parameter Definition

#### Research Study Protocol Elements

- ❖Research Study ID No#:
- ❖Research Study Name:
- ❖Principle Investigator:
- ❖Study Sponsor:
- Effective Dates:
- Medicare Qualifying
- ❖Requesting Location GRP
- ❖Study Providers:
- Study Departments:
- ❖Study POS:
- ❖Study CTP4 Codes:
- ❖Study ICD9 Codes:
- ❖ Diagnosis:
- ❖ Free Text/Comment:
- Service Area Account



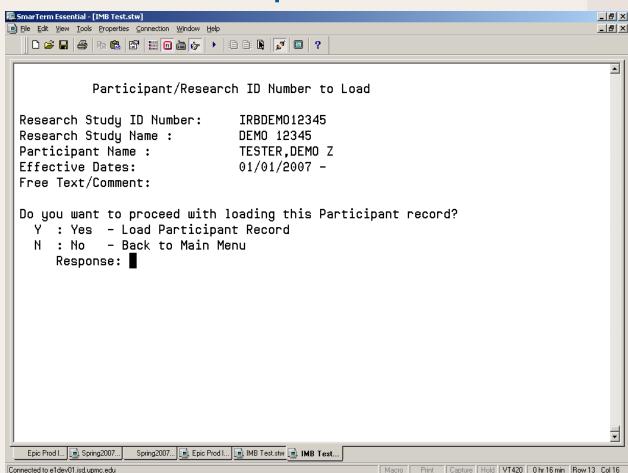


#### EPIC - Professional Billing, continued

#### Research Patient Participation Definition

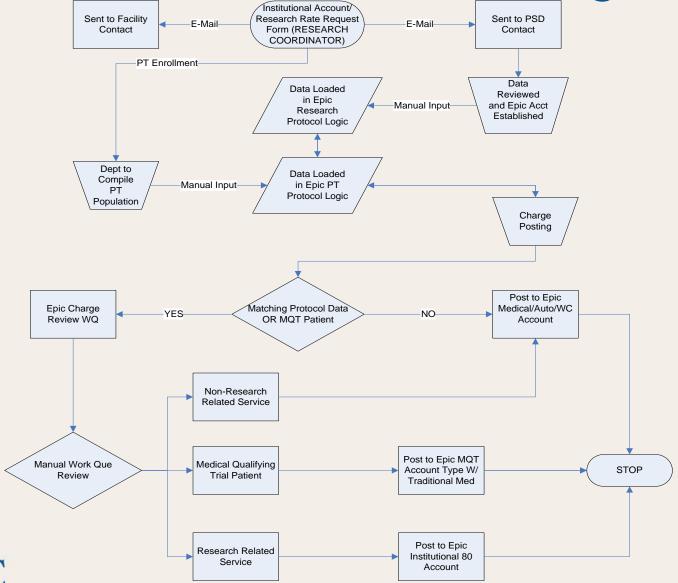
#### Research Study Protocol Elements

- ❖Participant Name :
- ❖Research Study ID No#
- Effective Dates:
- ❖Free Text/Comment:





## EPIC - Professional Billing, continued



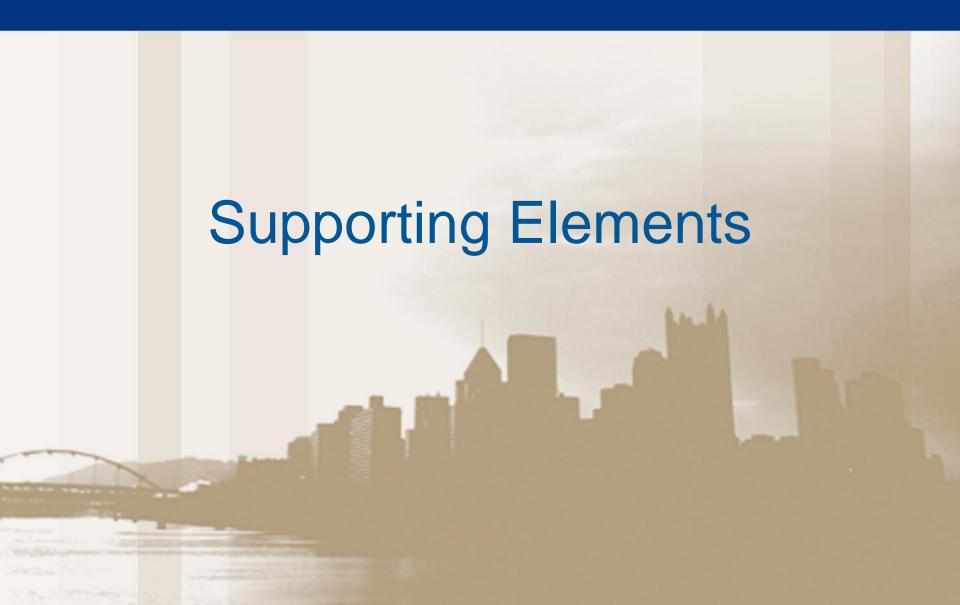
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## Medipac – Facility Billing

- Research requisition goes to many areas including the area of patient billing responsible for research accounts.
- The staff reviews the requisition to ensure charges have been posted appropriately.
- Currently involved in a trial of a work review queue for oncology studies.



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## Supporting Elements

- Policies and Procedures
- Education
- Database



#### **Policies**

- IRB Approval of Studies Conducted at UPMC
- Research Fiscal Review
- Medicare Qualifying Trials
- Investigational and Humanitarian Use Devices
- Sponsor Requests for Billing Records



#### Education

- Regular meetings for updates, general education, Q&A
- E-mail updates
- Website
- IDE Training
- Meetings with clinical departments
- UPMC revenue cycle staff



#### Database

- Track studies reviewed.
- Includes many data elements:
  - Basics title, PI, date received, sponsor
  - Study detail location, Medicare qualifying, institutional account,
     IND #, IDE#, comments



### Challenges

- Bringing together all of the individuals that are part of the process
- Organization of documents (electronic & paper)
- Increasing number of studies to review
- Increasing complexity of studies
- Education & communication changes in environment and research staff



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#### Questions?

Ann Mitch-Resignalo
412-647-9458
mitchae@upmc.edu
Ann Mathias
412-623-6392
mathiasag@upmc.edu

#### Resources

- Medicare Policy on Clinical Trials
   http://www.cms.hhs.gov/clinicaltrialpolicies/
- Medicare Advantage Information http://www.medicare.gov/Choices/Advantage.asp

