

Use of Data from Non-Traditional Sources to Conduct Human Research:

Emerging Ethical and Compliance Considerations

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Disclosure

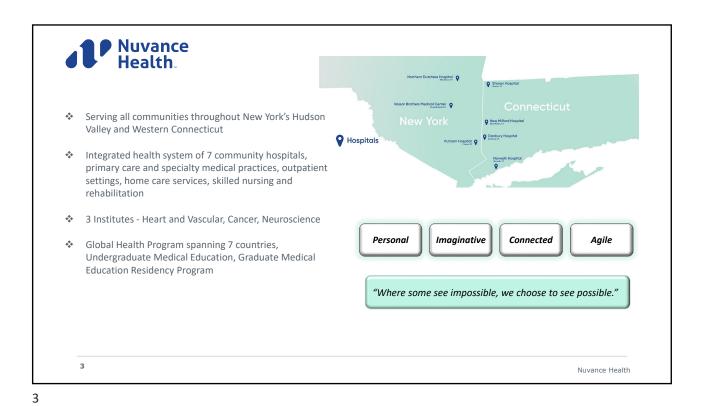
- No funding
- ❖ No COI
- Acknowledgement Substantial Contribution by:

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Norwalk Hospital

- Nuvance Health affiliate, 328 bed, notfor-profit, acute care community teaching hospital
- Serves a population of 250,000 in lower Fairfield County, Connecticut
- Recognized for superior hospital quality and specialty clinical quality



2022 America's 100 Best Hospitals Award – Healthgrades Top 2% of Hospitals in the US for Clinical Quality

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What to Expect . . .

- Develop further knowledge about emerging sources of data used in human subjects research
- Develop understanding of emerging ethical and regulatory issues in collection and use of data from non-traditional sources
- Equip Research Compliance Officers to apply the knowledge and understanding gained to strengthen compliance programs and train stakeholders in order to support growing strategic needs within organizations to adopt use of data-driven human research

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Overview

- Section I: A Review of Research and the Ethics and Regulation of Research
- Section II: Research Data as Evidentiary Support for Scientific Claims
- Section III: Traditional and Non-Traditional Data Sources Opportunities and Challenges
- Section IV: Emerging Ethical and Regulatory Compliance Considerations
- Materials for Further Reading and Viewing

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Section I

A Review of Research and the Ethics and Regulation of Research



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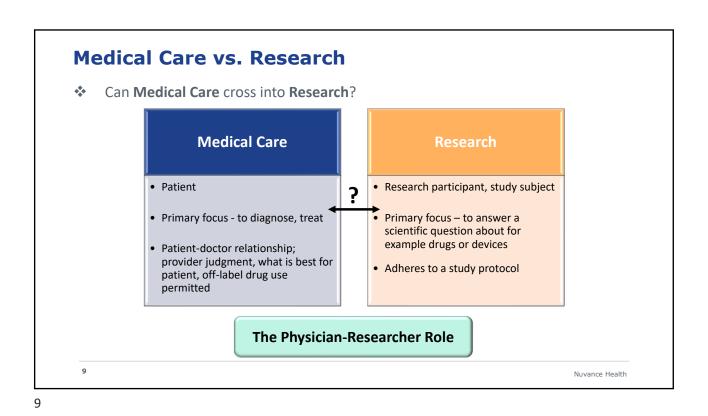
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Defining Research Involving Humans

- Health & Human Services (HHS) Human Subjects Research: A systematic investigation, including research development, testing, and evaluation, designed to develop or contribute to <u>generalizable knowledge</u>. Investigation <u>must involve a living individual</u> about whom an investigator conducting research obtains information or biospecimens through <u>intervention</u> or <u>interaction</u> with the individual and uses, studies, or analyzes the information or biological specimens (45 CFR § 46.102(e)(I)).
- Food & Drug Administration (FDA) Clinical trials:* Voluntary research studies conducted in people; designed to answer specific questions <u>about safety or effectiveness</u> of drugs, vaccines, other therapies, or new ways to use existing treatments.
- State Laws (e.g., State of New York) Human Research: Any medical experiments, research, or scientific or psychological investigation, which utilizes human subjects and which involves <u>physical or psychological intervention</u> by the researcher upon the body of the subject and which is not required for the purposes of obtaining information for the diagnosis, prevention, or treatment of disease or the assessment of medical condition for the direct benefit of the subject (NYS Public Health Law § 2441).

IS SECONDARY RESEARCH "HUMAN RESEARCH?"

*Accessed at <u>Link</u> Nuvance Health



Roles of Industry-Sponsors and Sites Conduct study feasibility Design protocol and complete other study documents Evaluate and recruit study sites Establish review boards (e.g., Data Safety Monitoring Board) Retain Clinical Research Organization (CRO) Approve Site Management Organization (SMO) **Sponsor** Select Institutional Review Board (IRB) Investigator training, site training, and initiation Own data resulting from the study Monitor the study Retain services of a site May end the study at a site Right to primary publication Conduct study feasibility (at site) Investigator meeting(s) Patient recruitment and enrollment Site Perform protocol procedures Collect and transmit data to sponsor for analysis Might be invited to be an author on primary paper Usually, may publish secondary manuscript per study agreement 10 Nuvance Health

Ethical, Legal, and Regulatory Framework for Human Research

- Ethical Frameworks
 - The Nuremberg Code
 - The Declaration of Helsinki
 - The Belmont Report



- > The Federal Food, Drug, and Cosmetic Act (FDCA) 1938
- 21st Century Cures Act 2016
- Health & Human Services (HHS) Human Subjects Research: 45 CFR 46;
 Food & Drug Administration - Regulations relating to
 - Good Clinical Practice (GCP) and Clinical Trials <u>Link</u>. (Commonly cited research regulations: 21 CFR 11; 21 CFR 50; 21 CFR 312; 21 CFR 812);
- HHS Responsibility of Applicants for Promoting Objectivity in Research for which PHS Funding is Sought: 42 C.F.R. Part 50, Subpart F.
- ► HHS HIPAA Privacy Rule: 45 CFR 164

State Laws

e.g., New York State – Annual "Attestation of Compliance" with the Common Rule or must comply with NYS research laws and regulations.

Guidance and Compliance Oversight

- Office of Human Research Protections (HHS-OHRP) – Federalwide Assurance (FWA)
- Office of Research Integrity (HHS-ORI) Assurance



- The International ethical guidelines for healthrelated research involving humans CIOMS
- > The ICH Harmonised Tripartite Guideline Guideline for Good Clinical Practice (ICH-GCP): E6R2.



WELFARE AND SAFETY OF PARTICIPANTS AND PRESERVATION OF DATA INTEGRITY

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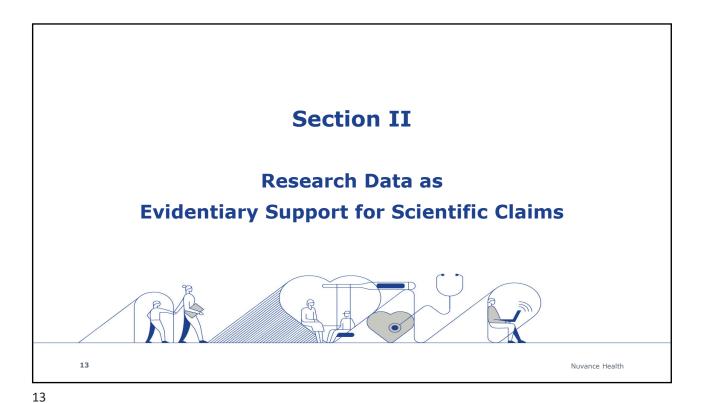
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Why All the Regulations? A Look Back into History . . .

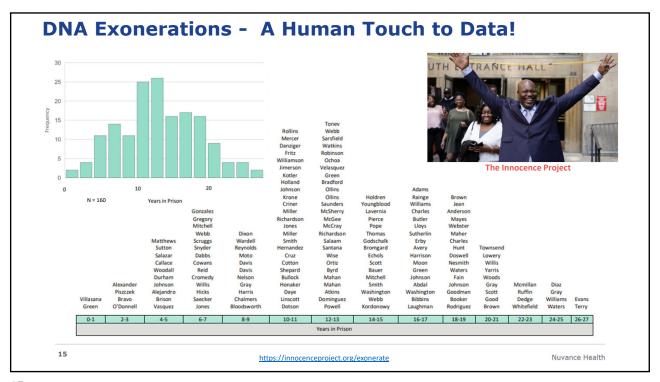
Medical experiments in Black Americans	From colonial times to recent past*
The Tuskegee Syphilis study (1932)	Participants not treated even when treatment became available**
The Nuremberg Doctors Trial (1945 - 1949)	Crimes against humanity
Henrietta Lacks (1951)	Biospecimen research without patient's knowledge. John Hopkins Medicine: "Henrietta Lacks was one of a diverse group of patients who unknowingly donated cells at Hopkins in 1951."
Nature vs. Nurture: Triplets separated at birth (1960s)	"Secret scientific study" conducted by child psychiatrist Dr. Peter B. Neubauer. "Three Identical Strangers" (documentary film).
The Jewish Chronic Disease Hospital Case (1963)	Live cells given to patients without their consent as part of a cancer study***
COVID-19 research (2020)	Health inequities considerations and underrepresentation of minority groups****
U.S. commercial IRB approved research (2020)	Unethical research in a population of poor young women in Mexico*****
	* Washington, H. (2006). Medical Apartheid. <i>Doubleday</i> . ** Brandt, A. M. (1978). Racism and Research: The Case of the Tuskegee Syphilis Study. <i>The Hastings Center Report</i> , 8(6), 21–29. https://doi.org/10.2307/3551468 *** New York Times. Original print, January 21, 1964 p. 31 **** Racial Disproportionality in Covid Clinical Trials (2020). JAMA. Accessed at Link ******* Munné, S. et al. (2020) First PGT-A using human in vivo blastocysts recovered by uterine lavage: comparison with matched IVF embryo controls. Human Reproduction, Vol.35, No.1, pp. 70–80. Accessed at Link, Link and Link.

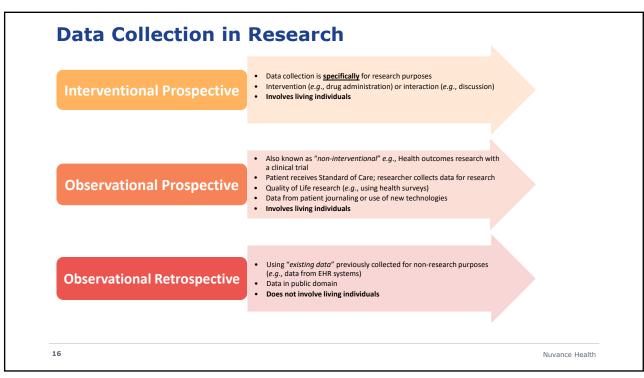
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Data in Research Data are foundational to research but many unresolved issues in Imagine thousands or even millions of points scattered collection * Research in General Might not be about people (A datum or data point - car, building, etc.) Patient Satisfaction Score Clinical Research It is about people but . . . does not have to involve a drug, device, or biologic "Attributes" – No data manipulation (e.g., demographics) "Response" – Manipulable through "intervention" or "interaction" (e.g., test articles, device, scan, discussion with study participants, dosage, environment) Physician time spent with patient (minutes) Collected or Existing Data Analysis and Results Patient Care Information 14 Nuvance Health





Primary vs. Secondary Research

Primary

- Data collected for research purposes (e.g., Investigator may participate directly in data-gathering process or retain others' services)
- Sources of data: e.g., Clinical intervention, interaction, surveys, interviews, focus groups, observation techniques

Secondary

- Data collected for other purposes but used for research
- Sources of data: e.g., Government, academia, business, health systems

Do you know where the Research Data in your organization live?

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Clinical Trials . . . They Cost a Pretty Penny!

Cost Component	Pha	ise 1			Phase 3		Phase 4	
Cost Component	\$	% of Subtotal	S	% of Subtotal	\$	% of Subtotal	S	% of Subtotal
Data Management Costs	\$50,331 (\$8,467)	2.36%	\$59,934 (\$21,060)	0.79%	\$39,047 (\$19,416)	0.34%	\$49,702 (\$9,489)	0.44%
Cost Per IRB Approvals	\$11,962 (\$6,305)		\$60,188 (\$16,092)	0.79%	\$114,118 (\$46,404)	1.00%	\$137,813 (\$112,543)	1.21%
Cost of IRB Amendments	\$1,094 (\$255)	0.05%	\$1,698 (\$447)	0.02%	\$1,919 (\$277)	0.02%	61 626	0.01%
SDV Costs	\$326,437 (\$65,659)		\$406,038 (\$80,573)		\$400,173 (\$66,429)	3.52%	\$353,602 (\$62,942)	3.10%
Patient Recruitment Costs	\$37,050 (\$21,666)		\$161.140	2 12%	\$308,672 (\$174,702)	2.71%	\$208 023	2.62%
Patient Retention Costs	\$6,145 (\$4,745)	0.20%	\$15,439 (\$6,970)		\$24,727 (\$15,868)	0.22%	\$30,568 (\$40,466)	0.27%
RN/CRA Costs	\$178,237 (\$90,473)	9 269/	\$441.053	5.80%	\$939,540 (\$614,943)	8.25%	\$820,775 (\$880,644)	7.20%
Physician Costs	\$109,681 (\$57,626)	5 15%	\$391.069		\$805,508 (\$499,426)	7.08%	\$669,464 (\$402,072)	5.88%
Clinical Procedure Total	\$475,667 (\$371,586)	22 32%	\$1.476.269		\$2.252.209	19.79%	\$1,722,576	
Central Lab Costs [d]	\$252,163 (\$203,342)	11 929/	\$904 921	10.59%	\$849,180 (\$600,134)	7.46%	\$419.758	3,68%
Site Recruitment Costs	\$51,904 (\$32,814)		\$233 720	3.08%	\$395,182 (\$195,983)	3.47%	\$168,343 (\$101,311)	1.48%
Site Retention Costs	\$193,615 (\$79,974)		61 127 006	14.83%	\$1.205.261	11.47%	61 026 241	16.11%
Administrative Staff Costs	\$237,869 (\$128,547)		\$1.247.200	17.73%	\$2 221 629	20.40%	\$2 222 091	29.17%
Site Monitoring Costs	\$198,896 (\$128,142)		\$1,083,186 (\$392,798)	14.25%	\$1,624,874 (\$717,034)	14.28%	\$1,549,761 (\$979,371)	13.60%
Subtotal (in \$ Million)	\$2.13 (\$0.86)	1009/	\$7.60 (\$1.46)	100%	\$11.38 (\$4.93)	100%	\$11.39 (\$8.53)	
Site Overhead [c]	\$528,685 (\$235,862)		\$1.741.911	NA	\$2.541.212	NA	\$2.575.007	NA
All Other Costs [c]	\$1,139,887 (\$468,077)	N/A	\$4,003,615	NA	\$5,067,103		\$5,986,008	NA
Total (in \$ Million)	\$3.80	N/A	\$13.35		\$10.90	N/A	\$19.95	NA

Note: Reported numbers represent weighted average costs and standard deviations.

[a] The numbers in parentheses represent standard deviations. [b] The cost for each phase assumes that a single trial (i.e., study) is conducted. [c] These are extrapolated figures based on those cost components for which estimates were available from Medidata. [d) Please note that Phase 1 study sites tend to have inhouse or local labs as opposed to central labs.

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Section III

Traditional and Non-Traditional Data Sources: Opportunities and Challenges



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Traditional Data Sources

- Clinical Trials: Testing substantial evidence of effectiveness of drugs and biologics
- Outcomes Research: Real-World Evidence (RWE) from Real-World Data (RWD)
- Health Surveys: In populations
- Medical Records: Using Electronic Health Records (EHR) systems
- Public Health Surveillance: To evaluate population health
- Registries: For longitudinal data

PROS

- ✓ Trusted
- ✓ Well-established

CONS

- ✓ Slow process
- Costly
- ✓ Attrition
- ✓ Missing Data
- May be limited by responder bias

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Traditional Data Sources - Types of Clinical Research Treatment Research Interventional (e.g., medication, psychotherapy, new devices, or new approaches to surgery). **Prevention Research** Looks for better ways to prevent disorders from developing or returning (e.g., may study medicines, vitamins, vaccines, minerals, or lifestyle changes). **Diagnostic Research** Practice of looking for better ways to identify a particular disorder or condition. **Screening Research** Aims to find the best ways to detect certain disorders or health conditions. **Quality of Life Research** Explores ways to improve comfort and the quality of life for individuals with a chronic illness. **Genetic studies** Aim to improve the prediction of disorders by identifying and understanding how genes and illnesses may be related. Research in this area may explore ways in which a person's genes make him or her more or less likely to develop a disorder. This may lead to development of tailor-made treatments based on a patient's genetic make-up. **Epidemiological studies** Seek to identify patterns, causes, and control of disorders in groups of people. Accessed at Link 21 Nuvance Health

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What is Happening Now?



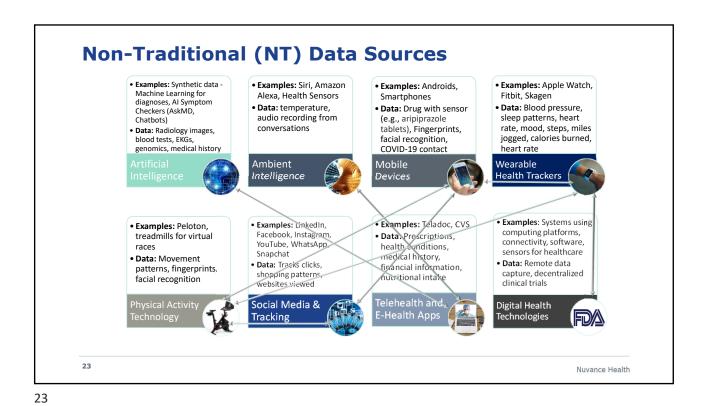
January 22, 2020

Per FDA (2022):

- Rapid acceleration of use of computers, mobile devices, wearables and other biosensors to gather and store huge amounts of health-related data.
- Data with potential to allow better design and conduct of clinical trials and studies in the health care setting to answer questions previously thought infeasible.
- Data from mobile devices and patientgenerated data in home-use settings as decision-grade data to support observational studies (prospective and/or retrospective).*

*Accessed at Link

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Non-Traditional Data Sources – Example Research Scenarios

Determining access to health care and levels of health literacy among patients in underserved rural areas

• Sources used: surveys on **Mobile Devices** (e.g., smartphone)

Type of health information accessed by different age groups through public and closed group pages

• Sources used: **Social Media** (e.g., Facebook, LinkedIn)

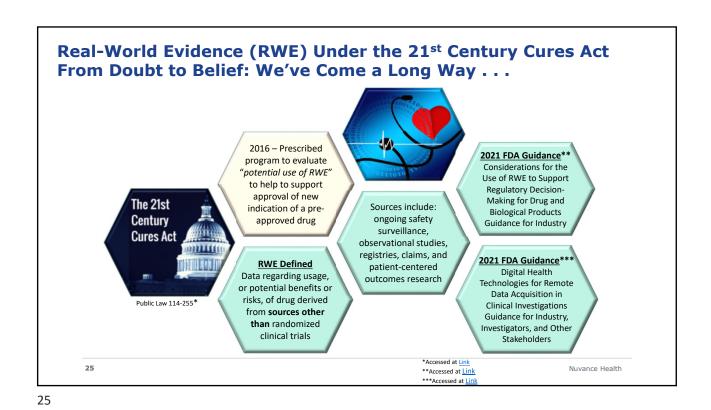
Prescription drug consumption and nutritional intake to determine patient compliance and patterns for disease management in between visits to practitioners

• Sources used: **Mobile Devices, Telehealth and E-health Apps** (*e.g.*, AskMD), **Wearable Health Trackers**

Determining percentage of hospital workers presenting to work with a fever during COVID-19

• Sources used: **Ambient Intelligence** (e.g., temperature sensors)

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Efficient, rapid access to data	 Increased accessibility (e.g., health surveys through SurveyMonkey, real-time data from wearables)
Complements traditional data sources	 Traditional sources may be incomplete (e.g., missing data from medical records) RWD to complement traditional clinical trials; provide decision-grade data for approval of new drug indication
Higher participant engagement	Interactive technologies encourage participant interactionDecreased geographic barriers/limitations
Patient-centered focus for research	 "Natural language processing" for surveys to improve accuracy of responses Insights into vulnerable or geographically-isolated populations Enables whole-person care (e.g., Apps create a user health "profile")
Decreased healthcare costs	Fewer in-person office and ED visits
Lower attrition in research	Participants less likely to drop out
Faster study start-up	 Increased efficiency due to technology for patient recruitment

Challenges with Non-Traditional Data Sources Data Integrity Quality of data – is the collection and reporting accurate? **Data Sharing** • Selection bias – data from mobile phones and social media may not be representative of the target population Privacy and security Online data collection – deciphering data from humans or bots Lack of public trust Reliability and validity concerns: Are data missing? Ownership of data Trustworthiness of data **Ethical Considerations** ESG* Issues Principles of the Belmont Report – respect for Corporate responsibility persons, beneficence, justice Reputational risk – bad press Informed consent (e.g., Ambient Intelligence) Financial implications 27 *Environmental, Social, and Governance Nuvance Health 27

Audience Interaction

Is this Human Subjects Research? If So, What Are the Rules of the Road?

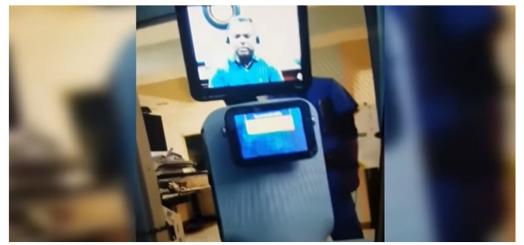


Courtesy of Fox 5 New York: https://youtu.be/bhP6qyI9v1Q

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A Challenge or an Opportunity?



Courtesy of East Bay Times/Mercury News: https://www.youtube.com/watch?v=2om6vymc-sw

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Remaining Ahead of the Curve . . .

- Technology-enabled data-driven human research is here to stay!
- Innovative non-traditional sources for acquiring data for research purposes are burgeoning!
- 21st Century Cures Act (2016)
 - ➤ § 2012 Privacy protection for human research subjects
 - > § 2013 Protection of identifiable and sensitive information
- Office of Civil Rights 21st Century Cures Act Guidance: Researchers may access PHI through remote access connection as review preparatory to research. Accessed at <u>Link</u>
- December 2021: FDA Draft Guidance for Industry on "Considerations for the Use of RWD and RWE to Support Regulatory Decision-Making for Drug and Biological Products."
- December 2021: FDA Draft Guidance for Industry, Investigators, and Other Stakeholders on "Digital Health Technologies for Remote Data Acquisition in Clinical Investigations."
- ❖ March 2022, signal that there might be upcoming legislative action
 - > On March 1, President Joe Biden declared in his <u>State of the Union address</u>** that "we must hold social media platforms accountable for the **national experiment** they're conducting on our children for profit."

Lack of regulatory framework governing NT data use for research

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* Accessed at Link

** Accessed at Link

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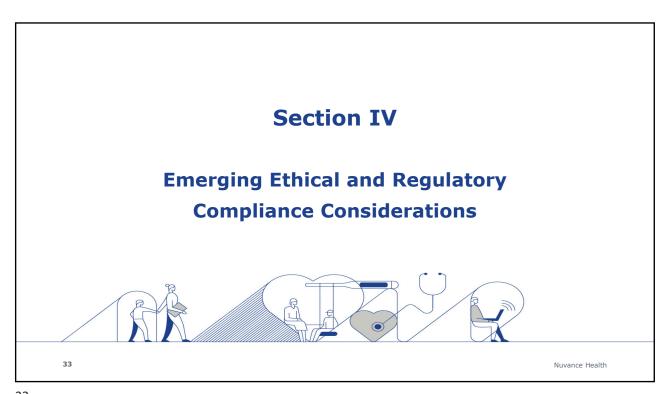
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Excusez-moi? Parlez-Vous X-Health?

- A new language for Research Compliance Officers . . .
 - Telehealth
 - > mHealth
 - > E-health
 - Digital Health
 - > Telemedicine
 - eConsent
 - Decentralized Clinical Trials
 - eMonitoring
 - > Etc.

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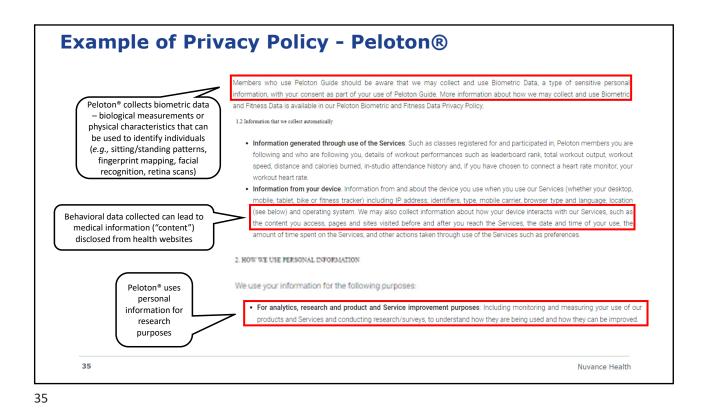
Ethical Considerations

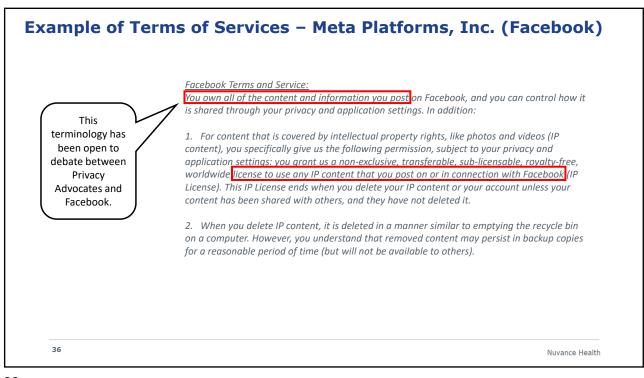
- Respect for Persons
 - > Individual Autonomy: Participation must be voluntary
 - Protection of the vulnerable: Individuals with diminished capacity to consent (e.g., Limited-English proficiency),
 - > Knowledge that research is being conducted
- Beneficence
 - Minimize harms: (e.g., privacy breach as harm, cultural context, moral objection to certain research)
- Justice
 - > Equitable distribution of costs and benefits: Health inequities (e.g., Can all afford costs of apps?)



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The Right to Be Left Alone . . .



- ✓ Installed via text messages, apps, email
- ✓ Can activate microphone and/or camera, record calls, document chats, access email/calendar/photos/videos, record GPS data

- Consumers targeted
- Spyware/malware infection
- Hacking/information leaking
- Unauthorized disclosures
- Selling of information
- Other unknown vulnerabilities

https://www.bbc.com/news/technology-57881364

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Navigating the New Landscape . . . Thinking Outside the Boxes!

Data Ownership

- Purchased
- Donation
- Data sharing

Informed Consent

- How should Compliance handle consent in research using NT data?
- Video surveillance monitoring when is consent required?
- How broad is the Broad Consent?

Vulnerable populations

Who is providing the data (e.g., minors on social media apps, people with diminished mental capacity)?

ESG* Risks

Bad press!

- Do you have an ESG Program that covers Research Compliance?
- If not, how are ESG risks related to NT data managed?

In a data breach, sheer number of

individuals impacted could have

devastating organizational impact

Privacy and Security

Heavy fines and penalties!

- Collaboration
- Compliance Legal
- IT
- Risk
- Quality

Adverse Events

- Patient safety issues: How will adverse events be monitored?
- How does NT data use impact Pharmacovigilance?

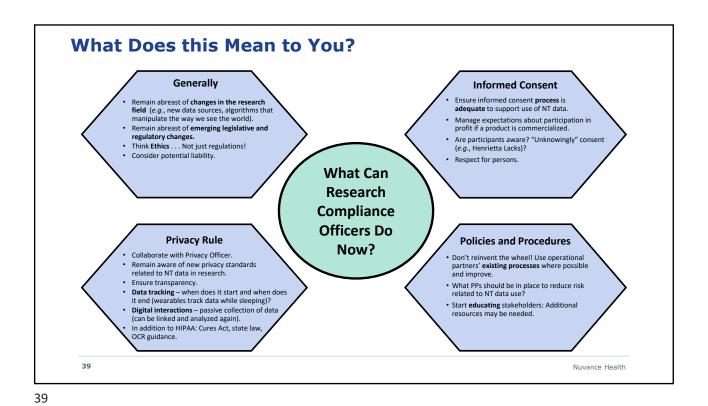
Executive Leadership

- Knowledge
- Misconceptions
- Interest
- Address or assume the risk

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*Environmental, Social, Governance

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Food for Thought . . .

- What processes could Research Compliance Officers put in place to mitigate ESG risk when using NT data in research?
- How can autonomy be preserved (e.g., FDA-approved digestive pill for vulnerable populations trackable through Bluetooth-enabled sensor? Are individuals aware of the uses of their health data?)
- Exclusion and Inclusion
 - What or who is being studied?
 - What or who is not being studied?
- What does an informed consent process that is adequate to support use of NT data look like?
- What other ethical implications should be considered?
- When is use of certain NT data sources too risky for an organization?

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Materials for Further Reading and Viewing

- Commentary: Lamensch, M. (2001). Putting Our Bodies Online: The Privacy Risks of Tech Wearables. Available at Link
- FDA Draft Guidance: Considerations for the Use of RWD and RWE to Support Regulatory Decision-Making for Drug and Biological Products Guidance for Industry (December 2021). Available at Link
- FDA Draft Guidance: Digital Health Technologies for Remote Data Acquisition in Clinical Investigations Guidance for Industry, Investigators, and Other Stakeholders (December 2021). Available at <u>Link</u>
- FDA Press Release: FDA approves pill with sensor that digitally tracks if patients have ingested their medication (2017).

 Available at Link
- Research Article: Dayer, L., Heldenbrand, S., Anderson, P., Gubbins, P. O., & Martin, B. C. (2013). Smartphone medication adherence apps: potential benefits to patients and providers. *Journal of the American Pharmacists Association: JAPhA*, 53(2), 172–181. Available at Link
- Video Clip: FDA-approved ingestible pill with sensor. Data accessible through Bluetooth technology via Smartphones: Abilify MYCITE® (Available at Link)

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Thank you!



Contact Information

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